

## DEMENTIA SUPPORT ORGANISATIONS

ORGANISATION	WHAT THEY DO	Contact
<b>LOCAL</b>		
Tavistock memory café	Offering a range of dementia activities/information/social meetings including memory café, care & share group, cognitive stimulation therapy sessions and ex-carers support group	07436 008281 (Heather) www.tavistockmemorycafe.co.uk
Tavistock Dementia Alliance	Offering signposting to help and support. Local activities calendar. Website has links to guides and information. Free Dementia Friends training to local groups/businesses	07716 849839 (Amanda) www.tavistockdementia.org
Tavistock Carers support	Carers support group	tavistockcarers@hotmail.com
Tavistock Grief Café	Support group for bereaved, grieving, caring for terminally ill / lifelong illnesses	01822 611049 info@tmc.me.uk jackie.w.palmer@gmail.com
The Filo Project	Provides an opportunity for increased social interaction and respite for carers. Groups of up to 4 in “hosts” home.	0333 939 8225 www.thefiloproject.co.uk
TASS (Tavistock Area Support Services)	Support with transport, mobility equipment, form filling, telephone befriending, food bank vouchers, range of activities	01822 616958 www.tasstavistock.org.uk
Devon & Cornwall Police	Herbert Protocol for missing person with dementia.	www.dc.police.uk/missingherbert www.devon-cornwall.police.uk/notices/af/herbert-protocol/
<b>REGIONAL</b>		
Devon Adult Social Care (Care Direct)	Information for carers, advice on social care needs, request a social care assessment, assistance to arrange a package of care or respite or long term placement, safeguarding	0345 155 1007 www.devon.gov.uk/navigation/adult-social-care/
Devon Emergency Duty Team (Adult Social Care)	Provision of emergency Social care and advice for clients urgently in need out of office hours. A generic emergency service responding to social care (both adults and children) which cannot be safely left until the next day.	0345 600 0388
DPT Access & First Response Service	For urgent help out of hours via Devon Partnership Trust.	0808 1968708
Older People's Mental Health Service	The Older People's Mental Health Service in Devon, provided by Devon Partnership NHS Trust, offers assessment and treatment for older adults experiencing mental health problems including dementia. The multidisciplinary teams include psychiatrists, nurses, occupational therapists, psychologists, and social workers, collaborating to deliver personalized care plans. Services encompass memory clinics, psychological therapies, medication management, and support for carers. Additionally, inpatient care is available at	www.dpt.nhs.uk/service-details/service/core-community-mental-health-teams-10/

	specialised wards like Belvedere Ward in Exeter for those requiring intensive support. Referrals are typically made through a GP. Operating across various locations in Devon, the service aims to enhance the mental well-being and quality of life for older individuals in the region	
Devon Carers	Register for a range of support including helpline, carer assessments, carer passports, benefits advice, training	0345 643 4435 www.devoncarers.org.uk
Citizens Advice	Help & advice with benefits, work, debt/money, housing, family, law and health	0808 278 7948
Age UK	Supporting older people in Devon	0333 241 2340 www.ageuk.org.uk/devon
Next Steps	An information guide through the memory assessment process.	www.nextsteps.org.uk
Memory Matters South West	Help with coming to terms with a dementia diagnosis.	01752 243333 www.memorymatters.org.uk
SSAFA Forces Help West Devon	Support for serving personnel and veterans of UK Armed Forces and their families	Forces line 0800 260 6767 https://www.ssafa.org.uk/devon
Cornwall Adult Social Care		0300 1234 131 www.cornwall.gov.uk/health-and-social-care/
Cornwall Dementia Together	The NHS Primary Care Dementia Practitioners who arrange Dementia Advisers who will visit people at home or in the community and provide a range of support services.	Via GP referral www.cornwallft.nhs.uk/dementia-and-older-peoples-mental-health/
Cornwall Dementia and Older People's Mental Health Liaison Service	The team is based at Royal Cornwall Hospital, Triliske. The service is managed by a dementia and older people's mental health clinical lead. They provide a service to hospital sites throughout west and mid Cornwall.	01208 251 300. Monday to Friday, 9am to 5pm
Cornwall and Isles of Scilly Alzheimer's Society Dementia Support	Dementia support service to give you help and advice face to face, over the phone or in writing.	01872 277963 Monday-Friday, 09:00-17:00
<b>NATIONAL</b>		
Alzheimer's Society	Dementia support line. For personalised information, support and advice by Dementia advisers who will listen and connect you to help you need. Website has information and guides.	0333 150 3456 www.alzheimers.org.uk
Alzheimer's Society LGBT+ support	Provides telephone support for caring for someone with Alzheimer's.	0300 222 1122 www.alzheimers.org.uk
Dementia UK	Specialist dementia nurses, known as Admiral Nurses, will give you free, expert advice, support and understanding to help you care for your loved one and cope with the daily challenges of living with dementia. Living with dementia guide and lots of information.	0800 888 6678 Monday to Friday 9am and 4pm www.dementiauk.org

Lewy Body Society	Information and support for those diagnosed with Lewy Body dementia	<a href="http://www.lewybody.org">www.lewybody.org</a>
Carers UK	Helpline and on-line forum to support carers	0808 808 7777 Monday to Friday, 9am – 6pm (including Bank Holidays). <a href="http://www.carersuk.org">www.carersuk.org</a>
Dementia Carers Count	Provides free support courses for family and friends caring for someone with dementia, including young onset dementia.	0800 652 1102 <a href="http://www.dementiacarers.org.uk/">www.dementiacarers.org.uk/</a>
Dementia Toolkit	Tips for living well with dementia	<a href="http://www.livingwithdementiatoolkit.org.uk">www.livingwithdementiatoolkit.org.uk</a>
Alzheimer's Research UK	Information about Alzheimer's and research	<a href="http://www.alzheimersresearchuk.org">www.alzheimersresearchuk.org</a>
Silver Line	24/7 confidential helpline which offers information, friendship and advice to older people. Also offers telephone and letter based befriending by volunteers known as the Silver Line Friends.	0207 224 2020
NHS / RVS Volunteer Responders	Check in and chat - up to 18 weeks daily or weekly. There will be a different volunteer calling each time. Companionship calls - These Calls can be requested daily or weekly (up to 3 calls per week) for 6 weeks. Calls will be with the same volunteer.	0808 196 3646
Independent Age	Help to improve the lives of people facing financial hardship in later life with helpline and expert advisers offering free, practical support.	0800 319 6789 <a href="http://www.independentage.org">www.independentage.org</a>
Royal British Legion	Welfare & support for serving personnel and veterans of British Armed Forces	0808 802 8080 <a href="http://www.britishlegion.org.uk">www.britishlegion.org.uk</a>
The Carers Trust Network	The network works through 140 local groups across the UK. It offers practical assistance, emotional support, and access to vital services. These include information and advice, in-home respite care, emergency planning, and support for young carers. The charity also advocates for carers' rights, aiming to influence policy and raise public awareness.	<a href="http://www.carers.org">www.carers.org</a>
Together in Dementia Everyday (TIDE)	Together in Dementia Everyday (TIDE) is a UK-wide charity dedicated to supporting current and former carers of people with dementia. The charity connects, enables, and mobilizes carers to use their knowledge to influence change in health and social care, research, and policy development. Tide offers a range of services, including a Carer Development Programme, peer support groups, and opportunities for carers to share their stories and advocate for improved dementia care	<a href="http://www.tide.uk.net/">www.tide.uk.net/</a>

<p>Innovations in Dementia CIC</p>	<p>Innovations in Dementia works with people with dementia on projects that help them have a say in decisions that affect their lives. Their projects include Dementia Diaries, which published audio and video diaries by people with dementia. It also produces a range of resources aimed at people with dementia, including My Life My Goals which helps newly diagnosed people to identify their own goals and strategies for living.</p>	<p><a href="http://www.innovationsindementia.org.uk">www.innovationsindementia.org.uk</a></p>
<p>Rare Dementia Support Group</p>	<p>This group meets monthly to support families affected by rarer forms of dementia like fronto temporal dementia or posteriorcortical atrophy. Offers peer connection and guidance. The meetings take place at Powderham, Exeter but are open to anyone in Devon.</p>	<p><a href="http://www.raredementiasupport.org">www.raredementiasupport.org</a></p>